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Fudge Family Acute Rehabilitation Center at Hoag Helps Injured Patients Maximize Independence and Quality of Life

New Acute Rehabilitation Center now open for patients who suffered neurological, cardiac or other injuries and conditions

NEWPORT BEACH, Calif., June 18, 2018 --- Hoag Memorial Hospital Presbyterian announced today the opening of the Fudge Family Acute Rehabilitation Center to serve adults who have been treated for neurological and orthopedic issues, as well as traumatic brain injury or stroke, providing a streamlined and comprehensive continuum of care to these recovering patients.

Acute rehabilitation follows hospitalization for a major health impact to prepare a patient to reintegrate into community living, by offering patient-specific daily intensive rehabilitation focused on any residual disabilities in a residential setting.

Hospital co-located acute rehabilitation centers are rare in Orange County, with patients relying on a patchwork of private centers to help them regain motor, cognitive, and functional skills following a major health event. By opening the Fudge Family Acute Rehabilitation Center at its Newport Beach campus, Hoag is bridging and guiding the continuum of care, using advanced technology and evidenced-based practices to a population that – while recovering –needs a personalized, high quality level of care.

"Immediately following a major health event, patients receive intensive medical care. But in the weeks and months after a stroke, heart attack, car accident or other event, many patients still require expert rehabilitation. We offer the Hoag clinical team's quality care oversight beyond hospitalization, by handing the patient off to our rehabilitation partners" said Michael Brant-Zawadzki, M.D., F.A.C.R., senior physician executive and the Ron & Sandi Simon Executive Medical Director Endowed Chair of the Pickup Family Neurosciences Institute at Hoag. "We emphasize a combination of physical, occupational and cognitive treatments, within a homelike environment, with family support to maximize personal independence and improve patients' outcomes."

While patients stay overnight in the 18-bed center, the facility is very different than a hospital. Patients wear "street clothes" and eat together in an open dining room. Therapies and state-of-the-art equipment help patients maximize their independence and reintegrate into community living.

"Because we built this facility from the ground up, the entire center is designed to maximize rehabilitation and improve functional outcomes," said Mark Glavinic, Hoag's director of Rehabilitation. "In addition to state-of-the-art equipment, we have assembled a 'super team' of the best of the best in acute rehabilitative care."

Hoag's expert team hails from stroke centers, neurological institutes and other specialized treatment fields. The team includes physicians, rehabilitation nurses, physical therapists, occupational therapists, speech-language pathologists, a nurse navigator, and a recreational therapist. The recreational therapist is particularly unique in helping patients reclaim those aspects of their life that they love such as golfing or gardening, by working with patients in the Center's outdoor "therapy garden" and putting green.

Patients treated at the Fudge Family Acute Rehabilitation Center will include those who have experienced:

- Amputation
- Brain Injury
- Brain Tumor Surgery
- Cardiac Dysfunction and Disorders
- Neurologic Disorders
- Oncology Diagnoses
- Orthopedic Injuries and Surgery
- Pulmonary Dysfunction and Disorders
- Spinal Cord Injury and Surgery
- Stroke

In addition to physical, occupational and speech therapy several times a day, patients also have access to respiratory therapy, dietary services and dietitian consults, laboratory services, pharmacy, radiology, chaplain services and case management.



"We understand that a healing environment promotes rehabilitation, and with the generous support of Gary Fudge and others, we have created a center that will help people heal and maximize their independence and quality of life," said Glavinic.

To learn more, please visit hoag.org/FFARC.

ABOUT THE PICKUP FAMILY NEUROSCIENCES INSTITUTE

Delivering a personalized, integrated approach using best-practice guidelines, the most advanced technology, and integration of medical specialists in the most appropriate facilities, the <u>Pickup Family Neurosciences Institute (PFNI) at Hoag</u> provides the highest quality care for patients with brain and spine disorders including stroke, aneurysms and vascular malformations, brain tumors, epilepsy, movement disorders, memory and cognitive disorders, pain, minimally invasive spine surgery, multiple sclerosis, addiction medicine and sleep disorders, as well as the mind-body interface of behavioral health. Several of Hoag's PFNI programs have received high acclaim, including the stroke program at Hoag, which was the first hospital in Orange County and the second in California to be named a Certified Comprehensive Stroke Center by DNV GL Healthcare. It was awarded the American Stroke Association's Get With The Guidelines Stroke Gold Plus Performance Achievement for stroke care. And as one of the first centers in the U.S. to offer the most advanced radiosurgical treatment system available, Leksell Gamma Knife[®] Perfexion[™], Hoag's brain tumor program is the largest in Orange County and is also among the top volume programs in the western United States. The epilepsy program is an accredited Level 3 center. The PFNI's memory and cognitive disorders program is nationally recognized.

ABOUT HOAG MEMORIAL HOSPITAL PRESBYTERIAN

Hoag is an approximately \$1 billion nonprofit, regional health care delivery network in Orange County, California, that treats more than 30,000 inpatients and 425,000 outpatients annually. Hoag consists of two acute-care hospitals - Hoag Hospital Newport Beach, which opened in 1952, and Hoag Hospital Irvine, which opened in 2010 - in addition to eight health centers and 11 urgent care centers. Hoag is a designated Magnet® hospital by the American Nurses Credentialing Center (ANCC). Hoag offers a comprehensive blend of health care services that includes five institutes providing specialized services in the following areas: cancer, heart and vascular, neurosciences, women's health, and orthopedics through Hoag's affiliate, Hoag Orthopedic Institute, which consists of an orthopedic hospital and two ambulatory surgical centers. In 2013, Hoag entered into an alliance with St. Joseph Health to further expand health care services in the Orange County community, known as St. Joseph Hoag Health. Hoag has been named one of the Best Regional Hospitals in the 2017 - 2018 U.S. News & World Report, and Becker's Healthcare named Hoag as one of the 2018 "100 Great Hospitals in America" – a designation Hoag has received five times. For an unprecedented 22 years, residents of Orange County have chosen Hoag as one of the county's best hospitals in a local newspaper survey. Visit www.hoag.org for more information.